

## Lesson 2: What is Leading Ladies?

### Materials Needed:

[shared slideshow](#)

Who's Lyric shared Slides

True Colors slideshow

True Colors student worksheet

Sense of Belonging Survey

### Lesson Plan Procedures:

#### Family Meeting-20 minutes

- ★ Sister Meeting
- ★ Introduction Activity
- ★ Team Building: True Colors

#### Family Message (Shared Slideshow)

Every meeting begins with a "Family Meeting". Here we greet our young ladies by saying with excitement, "Hey Ladies!". This phrase becomes our GOTR call and response for gaining their attention. The student response should be "Yes!" This is also a place to review the purpose and expectations of the program. Next, we introduce the agenda of activities and teach the girls to recite with confidence, the Girls on the R.I.S.E. Affirmation.

#### Introduction Activity

- **Sponge: "Who's Lyric"**-Students will pick lyrics to a song that describes you (Allow young ladies to search for lyrics as they join the meeting). Lyrics will be used as a get to know you activity. The young ladies will use the lyrics to introduce themselves. (Teachers create a [Who's Lyric? Shared Slide](#) (use slide 1) and allow the young ladies to create virtual post its- this will be used in another lesson).

#### Team Building-True Colors

True Colors Activity      [Slideshow](#)      [Student Worksheet](#)

- Next, administer the True Colors activity. The purpose of this activity is to help girls find their distinct personality traits. The reason for this activity is to open up lines of communication and bring students together to have a higher appreciation for one

another. Please use the linked True Colors Slideshow above to follow the directions to administer. Upload the Student worksheet in your site google classroom. (Teachers should be taking notes of each of the girls personality colors to be used in later activities).

#### **Exit/Closure**

**Sense of Belonging Survey** [Sense of Belonging Survey 2021](#)

- **Have your students join your GOTR google classroom.**
- **Administer the Girls on the R.I.S.E. Sense of Belonging Survey to begin closure to the session**
- **End with Discussion for girls to share their thoughts on the following:**
  - **What are you expecting to gain from Girls on the R.I.S.E.?**
  - **Is there anything you want to share?**
  - **Share reminders and expectations of group meetings and future dates**
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